## Arsenal Ladies / Musashigaoka Soccer Camp 2017

## **SCHEDULE**

Queenswood school							Teikyo school				
Mon 7th Aug	Tues 8th Aug	Wed 9th Aug	Thurs 10th Aug	Fri 11th Aug	Sat 12th Aug	Sun 13th Aug	Mon 14th Aug	Tues 15th Aug	Wed 16th Aug	Thurs 17th Aug	Fri 18th Aug
	08:30 BF	07:45 BF	07:45 BF	07:45 BF	07:45 BF	7:45 BF	07:45 BF	7:45 BF	7:45 BF	7:45 BF	Ţ
					8:30 Depart QW						
	09:45-11:45	09:45-11:45	09:45-11:45	09:45-11:45		09:45-11:45	10:00 Arsenal	09:45-11:45	09:45-11:45	08:40 Depart Teikyo	Arr Naita 07:50
	Coaching	Coaching(Tamoto)	Coaching	Coaching	London sightseeing	Coaching(Tamoto)	Stadium tour	Coaching(Tamoto)	Coaching		
	Arsenal Ladies (AL)		AL coach	AL coach	Shopping				AL coach	Arrive LHR at 11:00	
08:25 Meeting	coach						London sightseeing			08:40 Dep LHR	
10:25 Dep HK20					Camden town					HK20	
Tokyo Narita	12:30-13:30Lunch	12:30-13:30	12:30-13:30Lunch	12:30-13:30Lunch	Own Pack lunch	12:30-13:30Lunch	own lunch		12:30-13:30Lunch	1 1	
		Pre Match Meal								11:35 Arr Zurich	
<b>↓</b>	14:00 - 16:00		14:00 - 16:00	14:00 - 16:00		14:00	Shopping	14:00	14:00 - 16:00	13:00 Dep JH716	
•	Coaching	15:00 Match	Coaching	Coaching	Community Sheild	v London Bees		v Reading ladies	Coaching		
15:50 Arr Zurich	AL coach	v Arsenal	AL coach	AL coach	Match	(Queenswood)		(Teikyo)	AL coach		
17:10 Dep HK20		(Queenswood)					17:00 Leave London				
LHR Arr 17:50	17:50 Dinner	18:30 Dinner	17:50 Dinner	17:50 Dinner		17:50 Dinner	18:30 Dinner	18:30 Dinner	18:30 Dinner		
Snacks	Free Time	Take Away Free time	Free Time	Free Time	Take Away	Free Time	Free Time	Free Time			

NB This schedule may change in the event of unforeseen circumstances

NB1: Coaching (Tamoto): Coaching done by Tamoto-sensei (Musatan college head coach )

NB2:Coaching :Coaching done by Arsenal coach



